

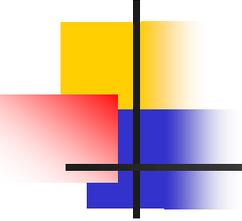
Whole Person Care – A Team Approach

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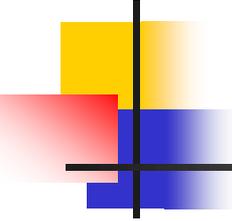
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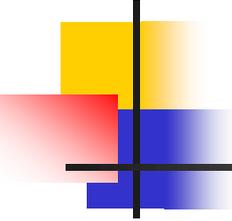
The Overall Goal : Healing

- Curing the physical disease(s)
- 'Cure of the Soul' - Resolving the psychosocial and spiritual problems → Healing the mind and soul – cognitive and emotional healing. This helps in curing the disease
- Bringing the sick person into the life of the spirit through Christ now and for eternity



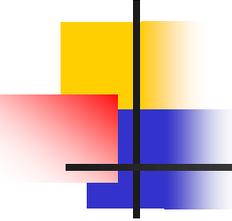
Objectives

- Describe biblical and scientific bases of wholeness
- Explain the resources for healing of mind and spirit that Jesus provides
- Explain how resolution of inner problems is therapeutically beneficial physically



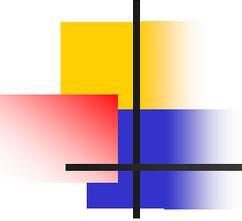
Objectives

- Explain why a team approach approach to this is necessary
- Begin strategic planning about application of this team approach
- Outline how to train spiritual caregivers
 - II Timothy 2 : 2



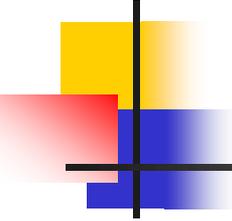
A woman with asthma

- 20 years of resistant bronchial asthma in spite of much medical treatment
- Had had an abortion just prior to onset
- Felt God was punishing her
- Confessed her sin and asked for forgiveness – I John 1 : 9
- Wheezing stopped immediately and never returned



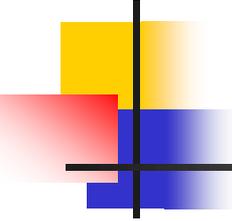
Spiritual care – What is it?

- Personal and spiritual assessment - history
- Discerning personal and spiritual problems to discover root cause(s) of the illness
- Inviting a person into a personal relationship with Jesus Christ – salvation
- Resolution of inner problems to restore peace
- Helping a person find true identity – a positive self image – and meaning and purpose in life
- Prayer for healing



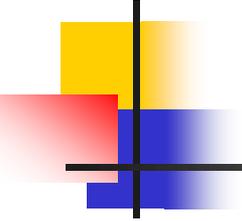
Spiritual care is back IN

- JCAHO requires hospitals to provide spiritual care
- It must be “patient directed”
- It is “evidence-based”
 - ***The Faith Factor***, Dale Matthews
 - ***The Link Between Religion and Health***
Harold Koenig and Harvey Cohen



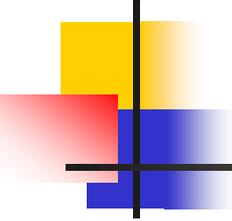
Anger at God

- You are examining a man with severe coronary artery disease. You ask him about his faith, and he replies angrily:
- “How can I believe in a God who allowed a drunken driver to kill my 5 year old grandson?!”
- Do you think this is affecting his heart disease?
- How would you reply to him?



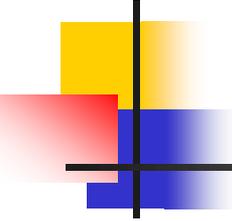
Problems of the bio-medical model of care

- Its focus is
 - on disease, not on the person who is ill
 - on cure of the disease, not on restoration of the sick person to health
 - on technology and not on relationships
- It neglects emotional, social, and spiritual concerns of the sick person
- It is a fragmented approach



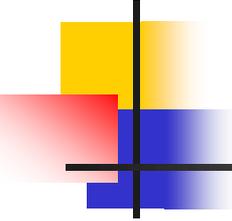
Reality

- We have increasing evidence that psycho-social and spiritual dynamics influence health and are factors in **acute and chronic illnesses**
- Many of us are aware of this but do not apply this in our practice
- More research is needed in this area



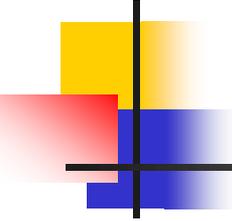
Goal is to develop

- A **team approach** to provide
- **Care for the whole person**
- In **one clinical setting**
- This will restore wholeness to persons and wholeness to health providers



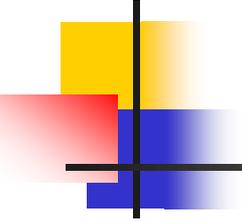
This will include

- The best of bio-medical care
- Assessment of personal and spiritual needs
- Care for psycho-social-spiritual needs as they are presented by us or a spiritual caregiver
- Offering the healing resources of Christ for broken hearts and wounded spirits
- Integration of this with medical care



Expected results

- Improved care of sick persons
- Improvements in physical health and healing of sick persons
- Restoration of wholeness to the practice of medicine
- A model of a Christ-centered approach to healing



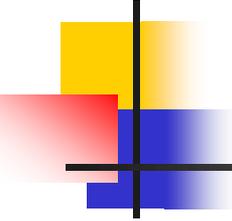
THE PROBLEM

1. BODY
Physical

2. SOUL
**Psycho-
logical**

4. SOCIAL
Relationships

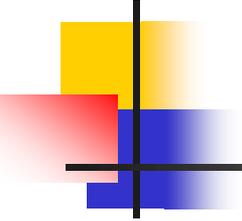
3. SPIRIT
Spiritual



Divided Care

- Care for each of these four dimensions is separate
- Different caregivers for each dimension
- Different locations, appointments, fee structures, etc.
- Therefore no unified care
- It looks like this →

CAREGIVERS



BODY

SOUL

PHYSICIAN

COUNSELOR

Office:
2800 Medical Park Blvd

Office:
194 Broadway.

SOCIAL

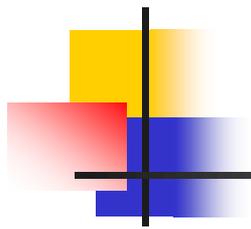
SPIRIT

**SOCIAL
WORKER**

**PASTORS
PRIESTS**

Office: 1260 Main Street
Suite 201

Office: Christ Community
Church.

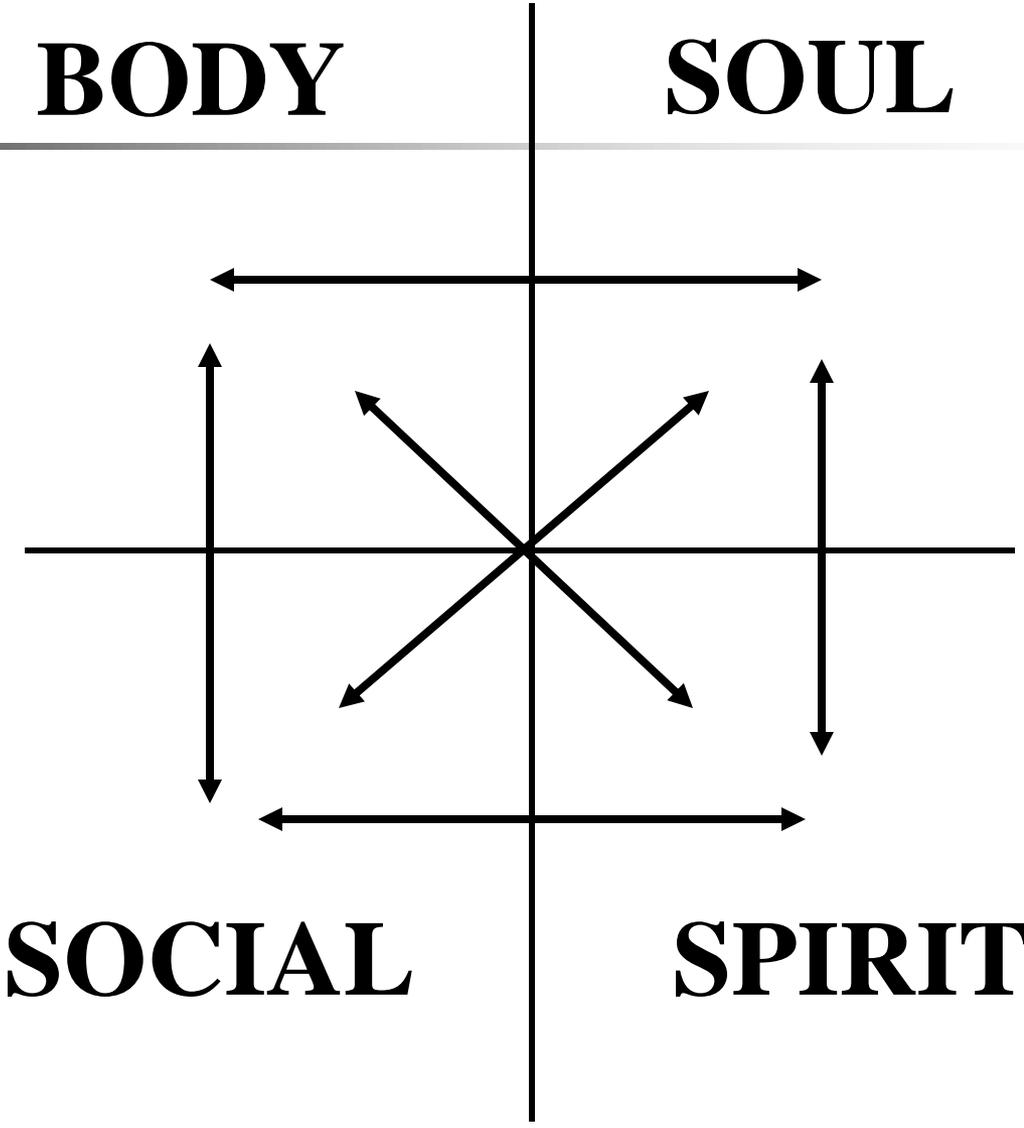


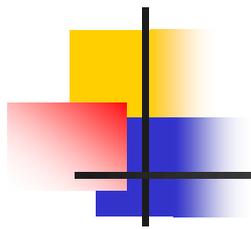
BODY

SOUL

SOCIAL

SPIRIT





BODY

Hypertension; Heart Disease
Chronic pain; inflammation
Auto-immune disorders
Digestive problems
Diabetes
Malignancies
Many infections

SOUL

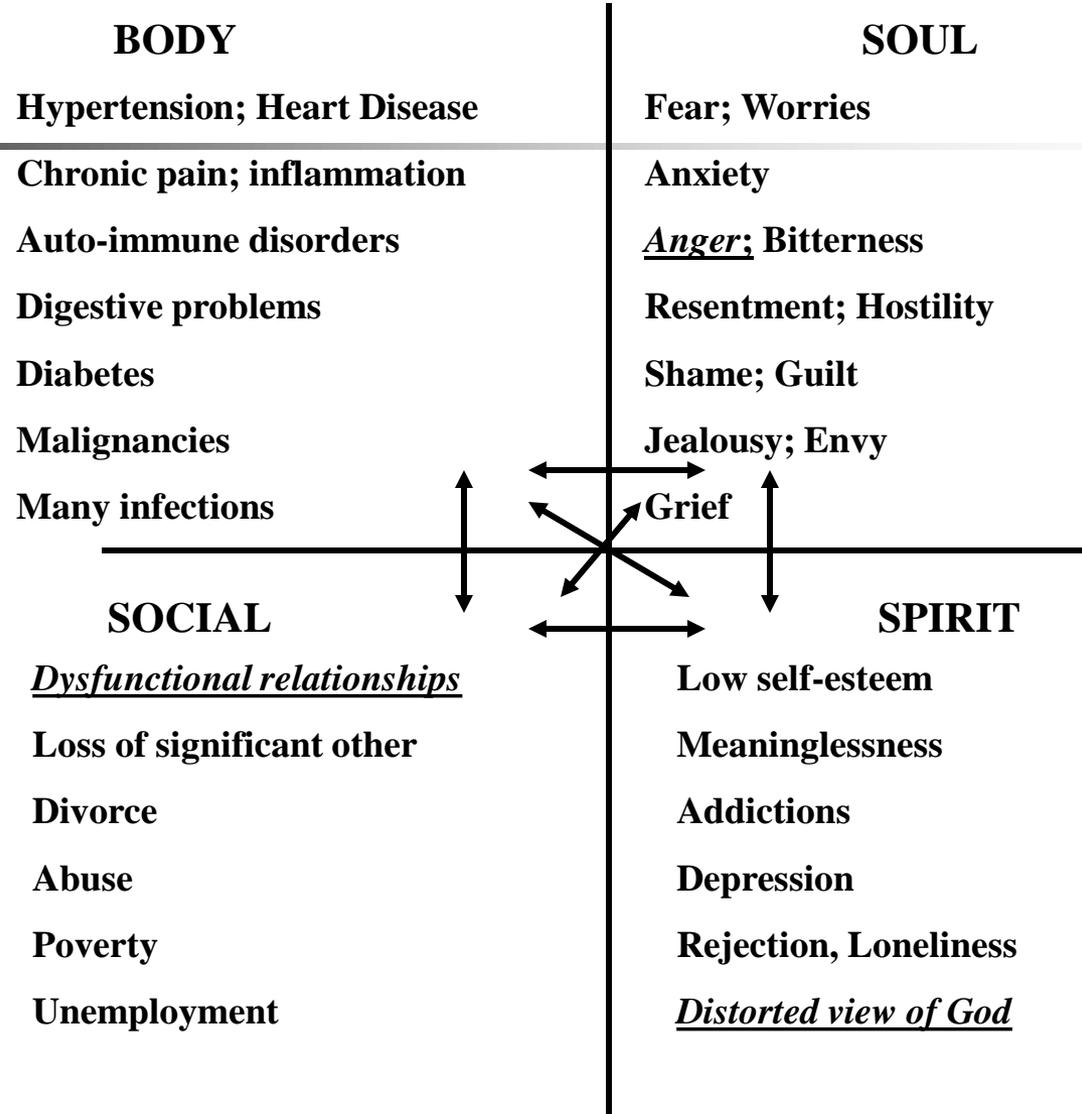
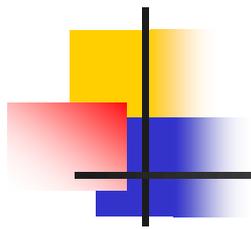
Fear; Worries
Anxiety
Anger; Bitterness
Resentment; Hostility
Shame; Guilt
Jealousy; Envy
Grief

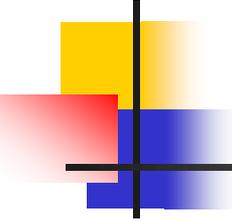
SOCIAL

Dysfunctional relationships
Loss of significant other
Divorce
Abuse
Poverty
Unemployment

SPIRIT

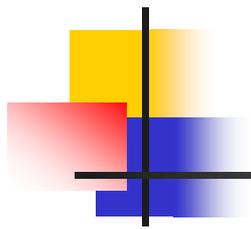
Low self-esteem
Meaninglessness
Addictions
Depression
Sense of rejection
Loneliness





A team approach requires :

- Health providers who understand wholeness
- Lay caregivers trained in spiritual care
- Regular consultations between them
- Removing the lines between physical, psychological, social and spiritual care
- Much prayer



BODY

Hypertension; Heart Disease
Chronic pain; inflammation
Auto-immune disorders
Digestive problems
Malignancies
Many infections

SOUL

Fear; Worries; Anxiety
Anger; Bitterness
Resentment; Hostility
Shame; Guilt
Jealousy; Envy
Grief

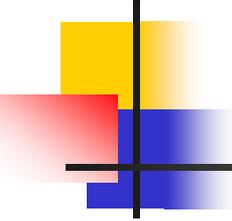
CARE

SOCIAL

Dysfunctional relationships
Divorce
Loss of significant other
Abuse
Poverty
Unemployment

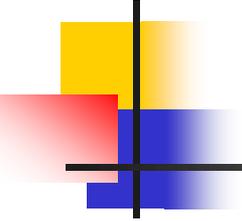
SPIRIT

Lack of identity; meaninglessness
Poor self-image
Depression
Sense of rejection
Loneliness



A Man with Depression

- On psychotropic drugs for 30 years
- No one got to the root of his problem
- Five minutes sufficed to do that **when the right question was asked**
- Forgiveness has powerful therapeutic benefits



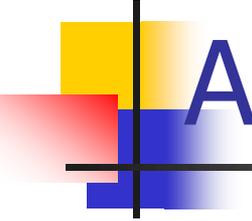
Conclusion

Healing of the heart
- mind, soul, spirit,
and relationships -

FAVORS

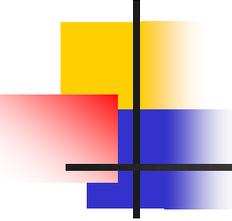
[not guarantees]

healing of the body.



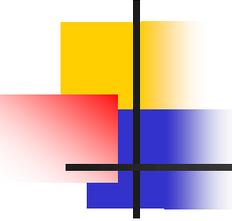
A Wholistic Clinical Attitude

- “God, what are you doing in Mrs. Smith’s life?”
- “Where do you want me to fit in?”
- “What medical **and** spiritual care should I use with her?”



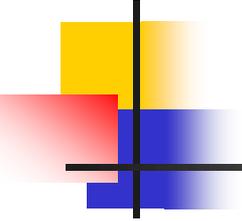
Results of Whole Person Care

- Improvement or healing of the whole person
- Restoration to partial or complete functional wholeness
- Bringing faith and science, the church and medicine back together
- Reclaiming medicine for the Kingdom of God



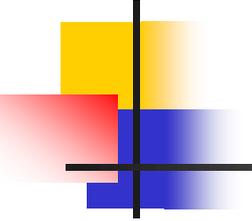
Questions for discussion

- Does this make sense in our current cultural climate?
- List advantages and difficulties of this approach



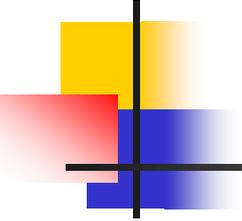
THE JESUS' MODEL OF HEALING

- He healed the whole person
- Body, mind, soul, and spirit
- He made the sick person whole
- He was competent in physical, social, psychological and spiritual care
- None of us are, but the **Body of Christ** can be
- Thus we need a team approach



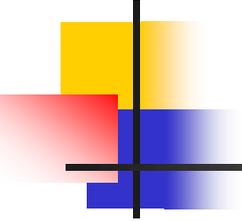
The woman with bleeding – Mark 5 : 25 - 34

- This woman had a whole spectrum of physical symptoms, social issues, psychological and spiritual problems
- How did Jesus heal her in all these areas of her life?



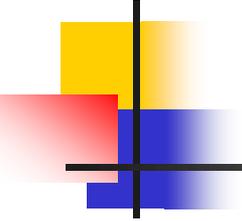
HER PHYSICAL PROBLEMS

- 12 years of bleeding
- Anemia due to blood loss
- Weakness
- Probably pain with the bleeding
- Infertility



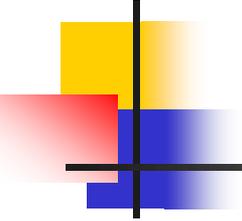
HER SOCIAL PROBLEMS

- She was Jewish and subject to Jewish laws
- Bleeding causes uncleanness (Leviticus 15:19–30)
- She had been unclean for twelve years
- Divorced
- Abandoned by her family
- No friends
- No money



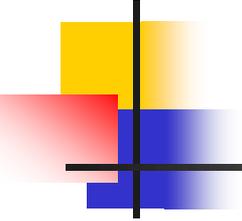
HER PSYCHO-SPIRITUAL PROBLEMS

- Grief
- Anger
- Fear
- Sense of rejection
- Despair – cut off from God
- No hope



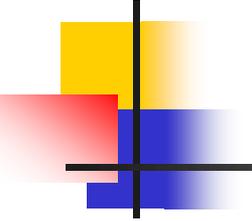
SHE WENT TO JESUS BY HERSELF

- This was socially unacceptable
- It was morally wrong
 - She made Jesus unclean
 - She stole his power
- According to Jewish culture, she should have been condemned and probably stoned
- Jesus did not follow Jewish culture



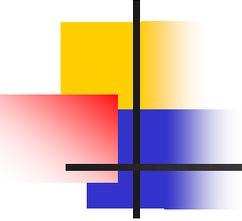
WHY DID JESUS EXPOSE HER?

- He knew she had been physically healed
- We doctors are happy when we have physically healed someone
- Why was Jesus not satisfied?
- Because the woman herself had not yet been healed



HOW DID JESUS HEAL HER?

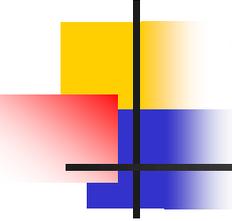
- He used physical power
- He listened to her story
- He discerned her real problems
- He spoke a healing word
- He affirmed her as a person
- He healed her as a whole person
- We can do the same!



HEALING

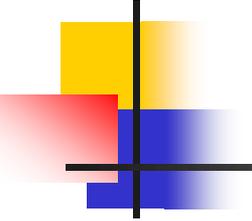
- We have many interventions for healing the body
- What heals the mind, soul, and spirit of sick people?

■ **A WORD**



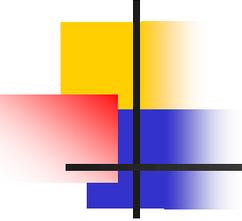
THE HEALING WORD

- Is spoken to the heart
- Is understood by the heart
- Resolves the anguish and pain of the heart
- Jesus knew how to speak such words
- Do we?



What does the Jesus' model require of us?

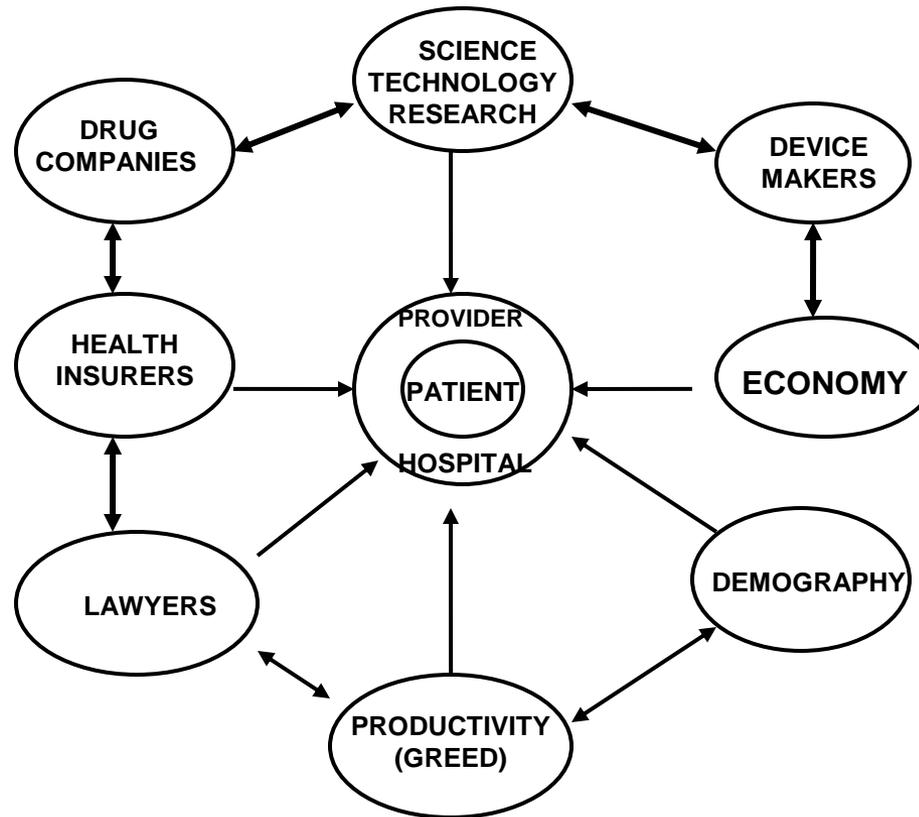
- A lot of time. We doctors and nurses do not have that time
- Trained people. We have not been trained for this
- We can train lay spiritual caregivers for this
- Discernment, learned by training, prayer, and experience
- An understanding of wholeness by all of the staff
- It needs to be 'evidence based' and 'patient directed' - **It can be**



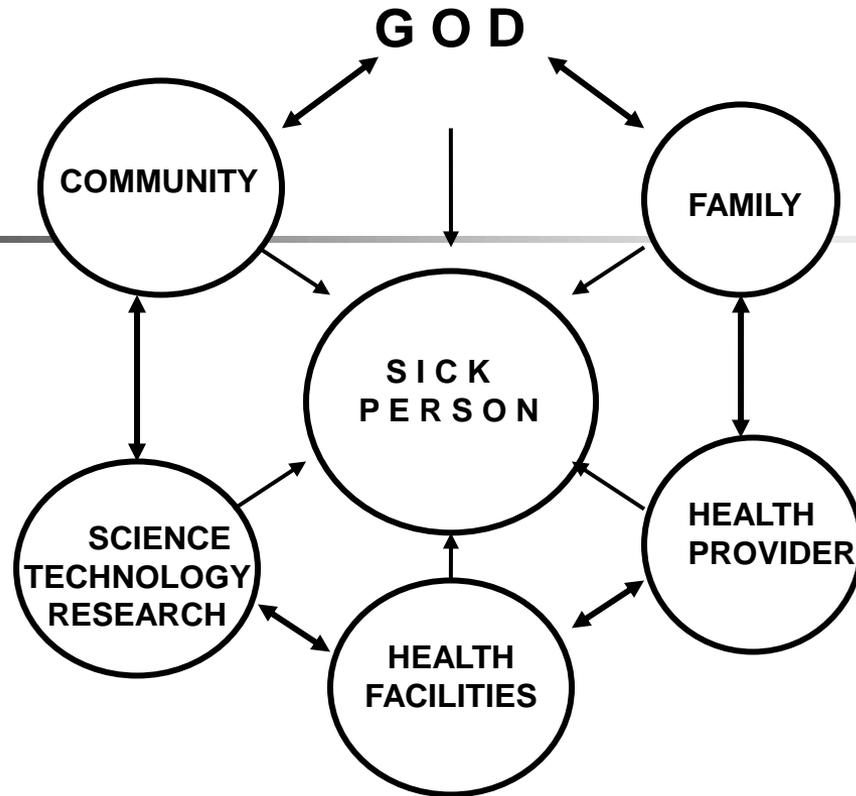
THE SOLUTION

- A team approach
- Medical staff plus spiritual caregivers, lay or professional
- Christ at the center and as the Healer

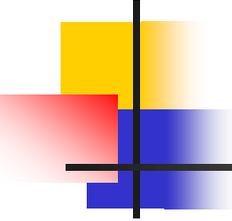
The State of the US Healthcare Industry



What the US Healthcare System Should Look Like



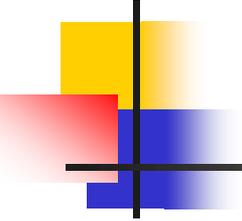
SUPPORT STRUCTURES							
D R U G C P Y		I N S U R E R S		G O V E R N M T		F I N A N C E	L E G A L S Y S T



We were created whole

- Genesis 2:7 :

The Lord God formed man from the dust of the earth; God breathed into his nostrils the breath of life, and man became a living being



PROVERBS 14 : 30

- Peace of mind make the body healthy
- Envy is like a cancer
- Psychoneuroimmunology described three millennia ago